

Patient Medical History



Patient Name: _____

Referring Physician: _____

Patient Occupation _____

Emergency Contact Name: _____ Phone: (____) _____ - _____

Date of first MD visit for this problem or injury _____ Follow-up MD visit for this problem _____

Is this a work injury? Yes No Is an Attorney involved: Yes No

Date of Injury or onset of symptoms _____
 How did your symptoms begin (gradually, suddenly, injury specifics)? _____

Have you had surgery for this problem/Injury: Yes No Type of Surgery _____
 Date of Surgery _____

List your current medications. Include prescriptions, over-the-counter, herbs, and vitamins.

Medication	Dosage	frequency & route	Medication	Dosage	frequency & route
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Are you allergic to any medications or latex? If yes please specify _____

Please list symptoms you are currently having (pain, swelling, weakness, etc) _____

Body Chart: Please mark the areas on the chart where you feel pain.

Please Circle your pain level:
 0 being no pain & 10 Extreme pain
 0 1 2 3 4 5 6 7 8 9 10

What is your main complaint? _____

Check all the activities that you have trouble performing as a result of your present condition.

- Bathing
- Child Care
- Dressing
- Eating
- Homemaking
- Yard work
- Sitting
- Sleeping
- Standing
- Walking
- Working

How Long can you tolerate the following?

	Less than 30 min	1-2 hours	3-4 hours	No problems
Walking	_____	_____	_____	_____
Sitting	_____	_____	_____	_____
Standing	_____	_____	_____	_____

What treatment have you previously received for this injury/episode?
 Physical Therapy Occupational Therapy Chiropractic Care
 Surgery Medications: _____
 Other _____

Please circle if you have had any of these test done for this injury/episode: Bone Scan X-Ray MRI
 CAT Scan EMG- NCV Myelogram Other _____

- Do you have or have you had any of the following?
- Allergies
 - Anemia
 - Anxiety
 - Arthritis
 - Asthma
 - Autoimmune Disorder
 - Cancer
 - Cardiac Conditions
 - Cardiac Pacemaker
 - Chemical Dependency
 - Circulation Problems
 - Currently Pregnant
 - Depression
 - Diabetes
 - Dizzy Spells
 - Emphysema/Bronchitis
 - Fibromyalgia
 - Fractures
 - Gallbladder Problems
 - Headaches
 - Hearing Impairment
 - Hepatitis
 - High Cholesterol
 - High/Low Blood Pressure
 - HIV/AIDS
 - Incontinence
 - Kidney Problems
 - Metal Implants
 - MRSA
 - Multiple Sclerosis
 - Muscular Disease
 - Osteoporosis
 - Parkinsons
 - Rheumatoid Arthritis
 - Seizures
 - Smoking
 - Speech Problems
 - Strokes
 - Thyroid Disease
 - Tuberculosis
 - Vision Problems

What are your expectations/goals during your Physical Therapy program? _____

Patient/Guardian Signature _____

Date _____

PATIENT NAME _____ **Patient Date of Birth** _____

Home Address _____

City _____ State _____ Zip Code _____

Phone Number (____) _____ - _____

Consent for Care and Treatment

I give my consent for treatment by the staff at PREMIER REHAB for physical therapy services and necessary treatment considered medically necessary as prescribed by my physician.

I understand that it is my responsibility to immediately communicate any difficulties and concerns that I have regarding my therapy to the staff at PREMIER REHAB.

Signature _____ **Date** _____

Benefit Assignment/Release of Information

I hereby authorize assignment of my insurance benefits to be paid directly to **PREMIER REHAB** for medical benefits to which I am entitled, including Medicare, private insurance, and third party payers for services performed during the course of my treatment at Premier Rehab.

I authorize Premier Rehab to release all information necessary including medical records to secure payment for Physical Therapy services provided by Premier Rehab staff.

PREMIER REHAB will use and disclose your personal health information to treat you, to receive payment for the care we provide and for other healthcare operations. *Healthcare operations generally include those activities we perform to improve quality of care.*

Signature _____ **Date** _____

Appointment/Cancellation Policy

Premier Rehab requires that all appointments be cancelled and/or rescheduled within 24 hours of your scheduled appointment time. **If you cancel with less than 24 hours notice or fail to keep an appointment, you will be charged a \$25 no-show/late cancellation fee** which is due prior to your next scheduled appointment.

RELEASE OF INFORMATION

I hereby authorize Premier Rehab to release and disclose all Medical History to:

Name: _____ Relationship to patient: _____

Name: _____ Relationship to patient: _____

I authorize Premier Rehab staff to leave any voice messages regarding appointments and or medical information when medically necessary to the following phone numbers (____) _____ - _____ and (____) _____ - _____

TEXT MESSAGING CONSENT: I consent to receiving text messages from Premier Rehab to wireless number (____) _____ - _____. *Text messages to the wireless number provided will include appointment reminders.*

EMAIL CONSENT: I consent to receiving email messages from Premier Rehab to the following email address _____@_____. *Email messages will include appointment reminders.*

I also understand that I have the right to terminate this authorization at any time in writing or verbally.

Patient Name (Printed) _____ **Signature** _____ **Date** _____

How did you hear about Premier Rehab? _____

PATIENT RIGHTS AND RESPONSIBILITIES

Patient rights and responsibilities were established with the expectation that observance of these rights will contribute to more effective patient care and greater satisfaction for the patient, family, physician, and facility caring for the patient. Patients shall have the following rights without regard to age, race, sex, national origin, religion, culture, physical handicap, personal values or belief systems.

THE PATIENT HAS THE RIGHT TO:

- Receive the care necessary to help regain or maintain his or her maximum state of health and, if necessary cope with death.
- Expect personnel who care for the patient to be friendly, considerate, respectful and qualified through education and experience and perform the services for which they are responsible with the highest quality of service.
- Expect full recognition of individuality, including privacy in treatment and care. In addition, all communications and records will be kept confidential.
- Complete information, to the extent known by the physician, regarding diagnosis, treatment and prognosis, as well as alternative treatments or procedures and the possible risks and side effects associated with treatment.
- Be fully informed of the scope of services available at the facility, provisions for after hours and emergency care and related fees for services rendered.
- Be a participant in decisions regarding the intensity and scope of treatment. If the patient is unable to participate in those decisions, the patient's designated representative or other legally designated person shall exercise the patient's rights.
- Refuse treatment to the extent permitted by law and be informed of the medical consequences of such refusal. The patient accepts responsibility for his or her actions should he or she refuse treatment or not follow the instructions of the physician or facility.
- Approve or refuse the release of medical records to any individual outside the facility, except in the case of transfer to another health facility, or as required by law or third party payment contract.
- Be informed of any human experimentation or other research/educational projects affecting his or her care or treatment and can refuse participation in such experimentation or research without compromise to the patient's usual care.
- Express grievances/complaints and suggestions at any time.
- Change primary or specialty physicians or dentist if other qualified physicians or dentists are available.
- Have an advance directive, such as a living will or healthcare proxy. A patient who has an advance directive must provide a copy to the facility and his or her physician so that his or her wishes may be known and honored. Surgery centers and diagnostic imaging centers may be exceptions to this statement and will have a facility-specific policy.
- Be fully informed before any transfer to another facility or organization.
- Express those spiritual beliefs and cultural practices that do not harm others or interfere with the planned course of medical therapy for the patient.

THE PATIENT IS RESPONSIBLE FOR:

- Being considerate of other patients and personnel and for assisting in the control of noise, smoking and other distractions.
- Respecting the property of others and the facility.
- Reporting whether he or she clearly understands the planned course of treatment and what is expected of him or her
- Keeping appointments and, when unable to do so for any reason, for notifying the facility and physician.
- Providing caregivers with the most accurate and complete information regarding present complaints, past illnesses and hospitalizations, medications, unexpected changes in the patient's condition or any other patient health matters.
- Observing prescribed rules of the facility during his or her stay and treatment and, if instructions are not followed, forfeiting the right to care at the facility and being responsible for the outcome.
- Promptly fulfilling his/her financial obligations to the facility.

Signature _____

Date _____

Patient Name _____ Date _____

THE UPPER EXTREMITY FUNCTIONAL INDEX (UEFI)

We are interested in knowing whether you are having any difficulty at all with the activities listed below because of your upper limb problem for which you are currently seeking attention. Please provide an answer for **each** activity.

Today, do you or would you have any difficulty at all with:

(Circle one number on each line)

Activities	Extreme Difficulty or Unable to Perform Activity	Quite a Bit of Difficulty	Moderate Difficulty	A Little Bit of Difficulty	No Difficulty
1 Any of your usual work, housework, or school activities	0	1	2	3	4
2 Your usual hobbies, recreational or sporting activities	0	1	2	3	4
3 Lifting a bag of groceries to waist level	0	1	2	3	4
4 Lifting a bag of groceries above your head	0	1	2	3	4
5 Grooming your hair	0	1	2	3	4
6 Pushing up on your hands (e.g., from bathtub or chair)	0	1	2	3	4
7 Preparing food (e.g., peeling, cutting)	0	1	2	3	4
8 Driving	0	1	2	3	4
9 Vacuuming, sweeping or raking	0	1	2	3	4
10 Dressing	0	1	2	3	4
11 Doing up buttons	0	1	2	3	4
12 Using tools or appliances	0	1	2	3	4
13 Opening doors	0	1	2	3	4
14 Cleaning	0	1	2	3	4
15 Tying or lacing shoes	0	1	2	3	4
16 Sleeping	0	1	2	3	4
17 Laundering clothes (e.g., washing, ironing, folding)	0	1	2	3	4
18 Opening a jar	0	1	2	3	4
19 Throwing a ball	0	1	2	3	4
20 Carrying a small suitcase with your affected limb	0	1	2	3	4
Column Totals:					

Minimum Level of Detectable Change (90% Confidence): 9 points SCORE: _____/80

Source: Stratford et al (2001): Development and initial validation of the upper extremity functional index. *Physiotherapy Canada*. 53(4):259-267.
 Minimum detectable change (90% confidence): 6 points.